



S.O.S.

YOUR EMERGENCY OVERVIEW

CHILD IS COMPLAINING OR YOU NOTICE SOME SYMPTOMS

Test Blood

- Hyper = $>10\text{mmol/L}$
- Hypo = $<3.5\text{mmol/L}$

HYPER

- Pen: inject insulin according to clinic/parent instructions
- Pump: give a correction bolus
- Repeat blood test after 2 hours.
- Glucose still high? Call Parents

HYPO

- Give glucose according to clinic/parent instructions
- After 15 mins give slow release carb (wholemeal cracker, slice of bread)
- Repeat blood test after 30 mins



IF CHILD IS UNRESPONSIVE OR CANNOT
SWALLOW, ALWAYS CALL EMERGENCY
SERVICES:

- REPORT YOU HAVE A DIABETIC CHILD
WHO IS UNRESPONSIVE
- LIE THE CHILD ON THEIR SIDE AND
SPEAK TO THEM CALMLY
- NEVER LEAVE THE CHILD ALONE
- CALL THE PARENTS

DON'T PANIC - IT STOPS YOU THINKING CLEARLY